

CHRIST CHURCH OF PRAYER – October 15, 2017

Look to Jesus for Nourishment and Strength

Message Focus: Quench your thirst and gain strength

WHERE is my focus?

WHAT is my focus?

WHO IS MY FOCUS?

It's About Perspective

“God’s Grace is sufficient.” (2 Corinthians 12:9)

John 4:1-14 *New International Version (NIV)*

Jesus Talks With a Samaritan Woman

¹ Now Jesus learned that the Pharisees had heard that he was gaining and baptizing more disciples than John— ² although in fact it was not Jesus who baptized, but his disciples. ³ So he left Judea and went back once more to Galilee. ⁴ Now he had to go through Samaria. ⁵ So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. ⁶ Jacob’s well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about noon. ⁷ When a Samaritan woman came to draw water, Jesus said to her, “Will you give me a drink?” ⁸ (His disciples had gone into the town to buy food.) ⁹ The Samaritan woman said to him, “You are a Jew and I am a Samaritan woman. How can you ask me for a drink?” (For Jews do not associate with Samaritans) ¹⁰ Jesus answered her, “If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water.” ¹¹ “Sir,” the woman said, “you have nothing to draw with and the well is deep. Where can you get this living water? ¹² Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?” ¹³ Jesus answered, “Everyone who drinks this water will be thirsty again, ¹⁴ but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.”

Psalms 121:1-8 *New International Version (NIV)*

¹ I lift up my eyes to the mountains— where does my help come from? ² My help comes from the LORD, the Maker of heaven and earth. ³ He will not let your (MY) foot slip— he who watches over you (ME) will not slumber; ⁴ indeed, he who watches over Israel (ME) will neither slumber nor sleep. ⁵ The LORD watches over you (ME) — the LORD is your (MY) shade at your (MY) right hand; ⁶ the sun will not harm you (ME) by day, nor the moon by night. ⁷ The LORD will keep you (ME) from all harm— he will watch over your (MY) life; ⁸ the LORD will watch over your (MY) coming and going both now and forevermore.

Isaiah 40:30-31 *New International Version (NIV)*

³⁰ Even youths grow tired and weary, and young men stumble and fall; ³¹ **but those who hope in the LORD will renew their strength.** They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

LOOK TO JESUS FOR STRENGTH

Strength Scriptures For The Week

Sunday: 1 Chronicles 16:11

Look to the Lord and his strength; seek his face always.

Monday: Deuteronomy 31:6

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you: he will never leave you nor forsake you.

Tuesday: Exodus 15:2

The LORD is my strength and my song; he has become my salvation.

Wednesday: Psalm 18:32

It is God who arms me with strength and makes my way perfect.

Thursday: Isaiah 41:10

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Friday: Philippians 4:13

I can do everything through him who gives me strength.

Saturday: Ephesians 6:10

Finally, be strong in the Lord and in his mighty power.

NOTES: _____

GOD LOVES SEEING YOU IN CHURCH
JOIN US WEDNESDAY NIGHTS AND NEXT SUNDAY
AND INVITE A FRIEND
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and sermon audio clips and notes**